

April 17, 2025

Press Release

VC JMI inaugurates Mental Health Promotion Unit to foster psychological wellness among students

Vice Chancellor Jamia Millia Islamia (JMI) Prof Mazhar Asif today inaugurated a newly set-up Mental Health Promotion Unit in the Department of Psychology, in the presence of the Registrar JMI, Prof Mahtab Alam Rizvi, and the Dean, Faculty of Social Sciences, Prof Mohd Muslim Khan. A large number of university functionaries and Heads of Departments along with students joined the inaugural session.

The Mental Health Promotion Unit has been set up on the recommendations of the First National Wellbeing Conclave held in November 2024 at Hyderabad, organized by the Department of Higher Education, Ministry of Education, Government of India.

The Mental Health Promotion Unit is a promotional unit, envisaged with the aim to carry out mental health sensitization activities and also offer initial psychological support to the students with mental health issues, through faculty members and research scholars.

A roster has been developed wherein research scholars and faculty members would be present in the Unit for any walk-in students with mental health issues. The Unit is equipped with a battery of tests and a directory of referral institutions where serious or severe cases can be referred to.

The Vice Chancellor expressed his happiness on the establishment of the Mental Health Promotion Unit and dedicated it to all the students of JMI. Stating that the unit recognises the significance of mental health of students in higher education institutions, he said that he was optimistic that students who face any mental health challenges would make use of this facility on campus. Prof Asif congratulated the Head of the Department and other faculty members for taking up such an important and meaningful initiative and also for volunteering for the counselling sessions.

Prof Rizvi also expressed deep satisfaction with the establishment of such a unit and congratulated the Department in its efforts to address mental health challenges. He advised that the facility be given wide publicity so that all JMI students are able to access its services. Similar views were expressed by the Dean, Faculty of Social Sciences, Prof Mohd Muslim Khan, and the Chief Proctor, Prof Naved Jamal, with both stressing

on the importance of mental health facilities in a university setting. Prof Sheema Aleem, the Head of the Department, thanked all dignitaries for gracing the occasion and her colleagues for working hard to establish the comprehensive and significant facility.

Prof. Saima Saeed
Chief Public Relations Officer
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LIST OF P

- 1. 360° APPRAISAL, INTELLIGENCE, ABILITY AND INTEREST SCALE
- 2. KAT Regional Adaptive Intelligence Test
- 3. Technical Aptitude Test Battery
- 4. Comprehensive Interest Schedule (C.I.S.)
- 5. Managerial Aptitude Scale (M.A.S.)
- 6. Educational Interest Record
- 7. Scientific Knowledge and Aptitude Test
- 8. Multivariate Interest Inventory
- 9. Managerial Knowledge Intelligence Inventory
- 10. Interest Record
- 11. Hierarchical Interest Schedule
- 12. A Test of Intelligence For Special Students
- 13. Multivariate Interest Development
- 14. Cassell's Working Post

- 15. Multidimensional Aptitude Battery
- 16. Scale Battery of Performance Intelligence Test
- 17. Managerial Aptitude Test
- 18. Talent from Board Test
- 19. PERSONALITY AND ABILITY INVENTORY
- 20. STALES
- 21. Spanish Personality Development Record
- 22. T.O.R.T. Questionnaire
- 23. MBTI Five Factor Inventory - 3
- 24. MBTI Questionnaire, Personality Inventory (MBTI)
- 25. Family Interaction Environment Inventory
- 26. Marlowe Personality Inventory
- 27. Marlowe Temperament Inventory







