

March 3, 2025

Press Release

JMI's Begum Hazrat Mahal Girls' Hostel organises its Annual Sports Meet

The Annual Sports Meet of Begum Hazrat Mahal Girls' Hostel at Jamia Millia Islamia (JMI) took place on February 27, 2025, at the NMAKP Sports Complex, marked with great enthusiasm and participation. Hon'ble Vice Chancellor, Prof. Mazhar Asif, was the Chief Guest of the inaugural ceremony, where he was felicitated by the Provost of the hostel, Prof. Neelofer Afzal. The students of the hostel infused the event with energy and enthusiasm by presenting an impressive sports drill, which garnered significant applause from the audience.

Prof. Afzal remarked that the Vice Chancellor's presence at the event served as a significant source of inspiration for the students, enhancing their morale and enthusiasm. She also extended a warm welcome to distinguished guests, including OSD to the Vice Chancellor Dr. Satya Prakash Prasad; University Librarian Dr. Vikas S. Nagrale; Medical Officers Dr. Irshad Hussain Naqvi and Dr. Shaista Farheen; Hony. Director, Games & Sports, Prof. Nafis Ahmad; Principal of University Polytechnic Prof. M.A. Khan, and Headmistress of Jamia Middle School Ms. Nusrat Jahan.

Vice Chancellor, Prof. Mazhar Asif, delivered an inspiring speech, emphasizing the importance of physical activity and sports in the lives of students. He urged students to maintain a disciplined routine, encouraging them to sleep early, wake up early, and incorporate physical activities into their daily schedules. He also cautioned them about the adverse effects of excessive social media usage, comparing it to "garbage for the body", while asserting that physical activity fosters relaxation and overall well-being. Furthermore, he emphasised the practice of Namaz (prayer) as a form of physical meditation and cited the example of Safa and Marwa during Hajj as an integral physical activity that strengthens endurance and faith.

Deputy Provost, Prof. Farah Naaz, delivered the vote of thanks, expressing deep gratitude to the Hon'ble Vice Chancellor, for taking time out of his busy schedule to grace the occasion and motivate the students. She also expressed her heartfelt gratitude to the Provost, the wardens and other staff members of the hostels who played key roles in organising the event.

The program was skilfully anchored by Ms. Zaina Amaan, a student resident of Begum Hazrat Mahal Girls' Hostel. The sports meet officially commenced with a Badminton

match between the Vice Chancellor, Prof. Mazhar Asif, and the Hony. Director of Games & Sports Prof. Nafis Ahmad.

This was followed by formal sports events, including Badminton (Singles & Doubles), Table Tennis (Singles & Doubles), Chess, and Carrom. The outdoor sports events comprised a 100m Race, 400m Relay Race, and Tug of War, adding to the excitement and competitive spirit of the day.

The event was a resounding success, showcasing the talent, dedication, and sportsmanship of the students while reinforcing the importance of physical well-being and teamwork in student life.

Public Relations Office
Jamia Millia Islamia



**BEGUM HAZRAT MAHAL GIRLS' HOSTEL
JAMIA MILLIA ISLAMIA, NEW DELHI**

ANNUAL SPORTS MEET 2025



BADMINTON TT 100 M RACE RACE CARROM CHESS TUG OF WAR

CHIEF GUEST
PROF. MAZHAR ALAM
VICE CHANCELLOR
JAMIA MILLIA ISLAMIA

GUEST OF HONOR
MD. MAHTAB ALAM RIZVI
REGISTRAR
JAMIA MILLIA ISLAMIA

FIT INDIA SAI
Games and Sports Department
Jamia Millia Islamia
is organising
Faculty Tournament from March 10-21,
as part of the
International Women's Day Sports Competition
Inauguration on March 10, 2025 by
Chief Guest
Prof. Najma Akhtar, Hon'ble Vice Chancellor
Guest of Honour
Prof. Tasneem Ishtiaq, Hon'ble
Vice-Chancellor
Prof. Waqar Ahmad Khan

G20
GAMES & SPORTS
JAMIA MILLIA ISLAMIA
Cordially invites you
and Prize distribution
BY FACULTY
And celebration
International
Amrit Mahal
Thursday, 18





G20
KHELO INDIA
GAMES & SPORTS DEPARTMENT
JAMIA MILLIA ISLAMIA, NEW DELHI
cordially invites you to the Closing Ceremony

JAMIA MILLIA ISLAMIA
STAFF
MAN & DIRECTOR
EM AHMAD KHAN

100

BEGUM HAZRAT MAHAL GIRLS' HOSTEL
JAMIA MILLIA ISLAMIA, NEW DELHI

ANNUAL SPORTS MEET 2025

BADMINTON TABLE TENNIS 100 M RACE 200 M RACE RELAY RACE CARROM

VENUE- N.M.A.K. PATAUDI SPORTS COMPLEX, JAMIA MILLIA ISLAMIA
DATE- FEBRUARY 27, 2025
TIME- 10:00 A.M ONWARDS

PROF. NEELOFER AFZAL PROVOST
PROF. FARAH HAAZ DEPUTY PROVOST
DR. UMAIMA SENIOR WARDEN
DR. FARAH JAMAL ANSARI WARDEN
DR. HILDA WARDEN

<https://forms.gle/S0E6ZAEZZSu77p9>

Games & Sports Department
Jamia Millia Islamia



खेल एवं क्रीड़ा विभाग
Games and Sports Department, JMI
is conducting
"YOGA TRAINING CLASSES"
12 -21 JUNE 2023
at the following venues:

Date	Department/Faculty/Hostel	Venue	Timings
12th June 2023	I.C.P. Girls' Hostel	Hostel Campus	(5.00 pm to 7.00 pm)
13th June 2023	BHM Girls' Hostel	Hostel Campus	(5.00 pm to 7.00 pm)
14th June 2023	J. & K. Kaur's Hostel	Hostel Campus	(5.00 pm to 7.00 pm)
15th June 2023	Non-Teaching Staff	Administrative Block	(10.00 am to 12.00 Noon)
16th June 2023	General Students	Sports Complex	(10.00 am to 12.00 Noon)
17th June 2023	Dr.Zakir Husain Hall	B Campus	(5.00 pm to 7.00 pm)
18th June 2023	Workshop Hall of boys' Residence	A Campus	(10.00 am to 12.00 Noon)
19th June 2023	NSN & NCC students	Sports Complex	(10.00 am to 12.00 Noon)
20th June 2023	Teaching Faculty	Sports Complex	(10.00 am to 12.00 Noon)
21st June 2023	Inter-Department	Sports Complex	(07.00 am to 9.00 am)

KINDLE BODILY
FIT | SAI | ICGO
Games and Sports Department
Jamia Millia Islamia
is organizing
Inter-Faculty Tournament from March 10-21,
International Women's Day Sports Compe
Inauguration on March 10, 2023 by
Chief Guest
Prof. Najma Akhtar, Hon'ble Vice Chancellor, JMI
Guest of Honour
Prof. Tasneem Akhtar, Deputy Coordinator, IICC, JMI
Venue: M & A Physical Sports Complex, JMI
For details visit: www.jmi.ac.in

BEGUM HAZRAT MAHAL GIRLS' HOSTEL
JAMIA MILLIA ISLAMIA, NEW DELHI
ANNUAL SPORTS MEET 2025



BADMINTON TT 100 M RACE 400 M RACE
RELAY RACE CARROM CHESS TUG OF WAR

CHIEF GUEST
PROF. MAZHAR ASIF
HON'BLE VICE CHANCELLOR
JAMIA MILLIA ISLAMIA

GUEST OF HONOR
PROF. MD. MAHTAB ALAM RIZVI
REGISTRAR
JAMIA MILLIA ISLAMIA

VENUE: PATAUDI SPORTS COMPLEX, JMI
DATE: 15 JUNE 2023 | TIME: 10.00 AM ONWARDS

G2G
GAMES & SPORTS DEPARTMENT
JAMIA MILLIA ISLAMIA, NEW DELHI
Cordially invites you to the Closing Ceremony and Prize distribution ceremony of
INTER-FACULTY TOU
And celebrating as a part of
International Women's Day
adi ka Amrit Mahotsav on
on Thursday, 18.05.2023 at
CHIEF GUEST
Prof. Nazim Husain
GUESTS OF HONOR
Prof. Minu Shaji Thomas
Registrar
Ravinder Kaur





BEGUM HAZRAT MAHAL GIRLS' HOSTEL
JAMIA MILLIA ISLAMIA, NEW DELHI

ANNUAL SPORTS MEET 2025



BADMINTON



TABLE
TENNIS



100 M RACE



200 M RACE



RELAY RACE



CARROM



CHESS



TUG OF WAR

VENUE- N.M.A.K. PATAUDI SPORTS COMPLEX, JMI
DATE- FEBRUARY 27, 2025







BEGUM HAZRAT MAHAL GIRLS' HOSTEL

JAMIA MILLIA ISLAMIA, NEW DELHI

ANNUAL SPORTS MEET 2025



BADMINTON



CE



200 M RACE



RELAY RACE



CAR



OF WAR

N.M.A.K. PATAUDI SPORTS COMPLEX

DATE- FEBRUARY 27, 2025

TIME- 10:00 A.M ONWARDS













