

PARTICIPANT SCHEDULE FOR NATIONAL CONFERENCE ON PSYCHOLOGY IN A GLOBALIZED WORLD (NCPGW 2025)

The registered participants can find the venue and timings for their respective scientific sessions for the presentation.

6th February, 2025 (Thursday)
(Scientific Session 1: 2:15 pm - 3:15 pm)

| Parallel Session 1 | | |
|--|---|--|
| Venue: FTK-CIT Conference Hall, | | |
| Subtheme: Identity, Migration and Belongingness | | |
| S.No. | Name of the Participant(s) | Title of the Paper |
| 1. | Izeen Fatima, University of Delhi | Thriving Beyond Prejudice: A Study of Indian Muslim Adolescents |
| 2. | Nithya Sivakami, Christ University, Bangalore | Cultural Intelligence as a Predictor of Sociocultural Adaptation among Migrant College Students |
| 3. | Swyam Mehrotra, University of Lucknow | Beyond Biomedical Approach: Nuances of Homosexuality, Issues of Belonging and its Effect on Quality of Life |
| 4. | Ayushi Jolly, JNU | Exploring Neoliberal Subjectivities among Indian Youth: Insights from Student Migration |
| 5. | Eileen Potsangbam, Farhat Khan, Simran Kohli, Dr. Korsi D. Kharshiing, JMI | Gender, Ethnicity, and Violence: Shaping Manipuri Women's Interactions with Men |
| 6. | Dr. Poonam Vats, Bavneet Kaur Tandon, Shagun Khanduri, Mata Sundri College, DU | Exploring the Relationship Between Social Connectedness and Anxiety: A Study among Migrant Populations |
| 7. | Siddharth Anand, The NorthCap University, Gurgaon, Haryana | A Comprehensive Review of Literature on the Biopsychosocial and Evolutionary Factors that underlie Homosexuality and its Aspects |
| 8. | Deepika Oli, Insha Ahmad, Dr Samina Bano, JMI | Future Directions for Social Connectedness and Belongingness Research among University Students: A Reflexive Thematic Analysis |

6th February, 2025 (Thursday)

(Scientific Session 1: 2:15 pm - 3:15 pm)

| Parallel Session 2 Venue: North-East Centre- Conference Room | | |
|---|---|--|
| Subtheme: Identity, Migration and Belongingness | | |
| S.No. | Name of the Participant(s) | Title of the Paper |
| 1. | Hamdha Abdul Gafoor, Kannur University | Negotiating Identity and Belonging: Analyzing Migration through Cinematic Representations |
| 2. | Farhat Khan, Dr. Korsi D. Kharshiing, JMI | Mapping the Field of Identity Process Theory by Using Bibliometric Analysis and Narrative Synthesis |
| 3. | Shambhavi Priya, University of Delhi | Psychosocial Adversities Among Hijra Communities in India : A Qualitative Study |
| 4. | Pragya Khari, Texas School of Mental Health | Exploration of Acculturative Stress among Internally Migrated Students |
| 5. | Afia Jamal, Aligarh Muslim University | Migrant's Endurance Amidst Uncertainty: A Thematic Analysis of Reverse Migration During the COVID-19 Lockdown in the Documentary <i>1232 km</i> by Vinod Kapri |
| 6. | Lekshmi Vijayan & Dr. Meena Osmany, JMI | Ready, Set, Relocate: Applying the Model of Goal-directed Behavior to International Relocation Readiness |
| 7. | Nimra Kirmani, Mohammad Ali, JMI | Navigating Social Connectedness: A Qualitative Analysis of Isolation Experiences of Young Kashmiri Adults |

6th February, 2025 (Thursday)

(Scientific Session 1: 2:15 pm - 3:15 pm)

| Parallel Session 3 | | |
|--|---|--|
| Venue: Nehru Guest House Conference Hall | | |
| Subtheme: Challenges to and Promotion of Physical and Mental Health | | |
| S.No. | Name of the Participant(s) | Title of the Paper |
| 1. | Eshangi Pandey, Harshita Kaushik, Christ University, Delhi | Exploring Gender Differences in Emotional Well-Being and Affect: The Impact of Nature Exposure |
| 2. | Mufaza Sayeed, Christ University, Delhi | Role of Developmental Crises in the Impact of Intolerance of Uncertainty on Psychological Well-Being Among Young Adults: A Mediation Model |
| 3. | Anisha, Gauri Sharma, Christ University | Understanding the Relationship between Existential Anxiety and Professional Quality of Life among Indian Palliative Care Professionals |
| 4. | Sana Saleem & Prof. Naved Iqbal, JMI | Exposure To Intimate Partner Violence and Children's Mental Health: A Systematic Review |
| 5. | Syeda Afreen, Amity University, Greater Noida | Digital Burnout and Anxiety Symptoms among Healthcare Professionals in a Globalized World |
| 6. | Maitreyee Pathak, Christ University | Impact of Music on Mood Regulation, Psychological Well-being, and Academic Performance among College Students |

6th February, 2025 (Thursday)

(Scientific Session 1: 2:15 pm - 3:15 pm)

| Parallel Session 4 | | |
|--|---|--|
| Venue: India Arab Culture Centre | | |
| Subtheme: Challenges to and Promotion of Physical and Mental Health | | |
| S.No. | Name of the Participant(s) | Title of the Paper |
| 1. | Pooja Gupta, Manav Rachna University, Anshika, University of Delhi | Mindfulness-Based Cognitive Behavioral Therapy: Challenges and Promotion in OCD Treatment |
| 2. | Ahna Thesni K K, Central University of Haryana | Unravelling the Interplay Between Pornography Consumption and Body Image |
| 3. | Riya A M, Central University of Haryana | Internet Gaming Disorder, Social Anxiety and Sleep Quality among Young Adults |
| 4. | Oshmita Bhattacharjee, Manushree Maheshwari, Yashashvi Pakkal, Kriti Bhasin, Naina Chawla, Christ University, Delhi | The Relationship Between Parental Criticism and Mental Health among Indian College Students: The Mediating Role of Perfectionism |
| 5. | Fathimathu Sahla, Central University of Haryana | Career Aspiration and Commitment Desirability: A Comparative Study Among Males and Female Young Adults |
| 6. | Anam Nishat, Dr Samina Bano | A Bibliometric Analysis of Publication Trends and Recent Developments in Singlehood Research |

6th February, 2025 (Thursday)

Scientific Session 2: 3:15 pm - 4:15 pm

| Parallel Session 1 | | |
|--|---|---|
| Venue: FTK-CIT Conference Hall | | |
| Subtheme: Challenges to and Promotion of Physical and Mental Health | | |
| S.No. | Name of the Participant(s) | Title of the Paper |
| 1. | Saloni Chhabra, Dr. Ram Manohar Lohia Hospital, New Delhi | Association of Parental Bonding and Personality Factors with Mild Depression |
| 2. | Khyati Jain, Dr. Ram Manohar Lohia Hospital, New Delhi | The Association between Emotional Intelligence and Non-Suicidal Self-Harm: A Cross Sectional Study |
| 3. | Simrat Sinsinwar, Dr. Ram Manohar Lohia Hospital, New Delhi | Exploring the Associations between Early Maladaptive Schemas, Apathy And Self-Compassion with Severity of Symptoms in Patients of Obsessive-Compulsive Disorder |
| 4. | Rhea Sharma, Christ University, Bangalore | Effect of Autonomous Sensory Meridian Response (ASMR) on Concentration: A Between-Subjects Experiment |
| 5. | Muhsina Shaji, Hapinus Care, Calicut | Globalization, Technology, and Non-Suicidal Self-Injury: Investigating Identity Confusions among Young Adults |
| 6. | Aheli Sanyal, Christ University, Bangalore | Examining the Role of Perceived Discrimination in the Relationship between Right Wing Authoritarianism and Paranoia |
| 7. | Garima Kaushik, Christ University, Delhi | Exploring the Impact of Gender and Geographical locations on HIV Knowledge and Risk Perception Among University Students |

6th February, 2025 (Thursday)

Scientific Session 2: 3:15 pm - 4:15 pm

| Parallel Session 2 Venue: North-East Centre Conference Room | | |
|--|--|---|
| Subtheme: Challenges to and Promotion of Physical and Mental Health | | |
| S.No. | Name of the Participant(s) | Title of the Paper |
| 1. | Rammurat Upadhyay, JMI | Association between Family Pathology and Quality of Life among Patient with Schizophrenia |
| 2. | Namandeep Kaur, Punjabi University | Detrimental and Beneficial Effects of Web-based Education on Physical, Mental and Social Health among Universities' Scholars during Pandemic Era- A Systematic Review |
| 3. | Vivek Singh, University of Delhi | An Analysis of the Effectiveness of Integrative Therapeutic Approaches in the Treatment of Schizophrenia |
| 4. | Nazaah Ayesha Zaain, Christ University, Delhi | Parenting Perfectionism, Stress and Regulation among Primary Caregivers of Children with Intellectual Disabilities |
| 5. | Abhijeet Kumar, International Institute for Population Sciences, Mumbai | Exploring Academic Self-Efficacy among University Students: A Descriptive Study |
| 6. | Kalyani Suresh, Christ University, Bangalore | Loneliness, Self-Construal and Selfishness among Emerging Adults in Metropolitan Cities in India |

6th February, 2025 (Thursday)

Scientific Session 2: 3:15 pm - 4:15 pm

| Parallel Session 3 | | |
|--|--|--|
| Venue: Nehru Guest House Conference Hall | | |
| Subtheme: Challenges to and Promotion of Physical and Mental Health | | |
| S.No. | Name of the Participant(s) | Title of the Paper |
| 1. | Varchasva, JMI | Love of Learning and Zest on Academic Burnout among University Students |
| 2. | Sreelakshmi. S, Dr. Hari Singh Gour Central University, Sagar | The Relationship between Self-forgiveness and Positive Mental Health: Understanding the Mediating Role of Self-esteem |
| 3. | Muhammed Manal M P, Lovely Professional University | A Study on the Prevalence of Obsessive-compulsive Disorder, Comorbidity with Generalized Anxiety Disorder, and their Impact on Academic Performance among Indian University Students |
| 4. | Dristilima Kalita, Dr. Meena Osmany, JMI | Health Promotion through the Lens of Temporal Motivation Theory: Identifying Key Influencers |
| 5. | Devika P M, Amalna Fathima CH, Dr. Hari Singh Gour Central University, Sagar | Unveiling Suicidal Ideation: A Thematic Analysis of its Nature and Dynamics among Healthy Adults |
| 6. | Resham Asif & Prof. Naved Iqbal, JMI | Association between Attachment Styles and Shame Proneness: A Systematic Review |

6th February, 2025 (Thursday)

Scientific Session 2: 3:15 pm - 4:15 pm

| Parallel Session 4 | | |
|--|---|--|
| Venue: India Arab Culture Centre | | |
| Subtheme: Challenges to and Promotion of Physical and Mental Health & Psychology of War | | |
| S.No. | Name of the Participant(s) | Title of the Paper |
| 1. | Azza Thabassum Mansoor, Southern Schools of Advanced Studies, Calicut | Integrating Introspection and Anxiety Management: Paths to Enhanced Mental Health and Resilience |
| 2. | Clara Ferrao, Karnavati University | Parental Anxiety: Societal Influences and the Fear of Judgment in Parenting |
| 3. | Radhika Makharia, Christ University | Understanding Family Functions of Pediatric Cancer Survivors in India |
| 4. | Geetika Singh, IGNOU & Dr. Meena Osmany, JMI | Ashtanga Yoga based Intervention to Combat Anxiety and Promote Psychological Well-being among Young Adults |
| 5. | Sarita Punia, Dr. B.R Ambedkar University, New Delhi | Neoliberalism Impacting Wellbeing: Focusing more on Earning than Learning |
| 6. | Hira Musarrat, JMI | Access to Mental Health Services for Children in War Zones: Barriers and Innovations |
| 7. | Ayesha Ayoob, Christ University, Delhi | The Relationship Between Vicarious Learned Helplessness and Media Coverage of the Gaza War: Mediating Roles of Empathy and Content Framing |

6th February, 2025 (Thursday)

Scientific Session 3: 4:30 pm - 5:30 pm

| Parallel Session 1 | | |
|--|---|---|
| Venue: FTK-CIT, Conference Hall | | |
| Subtheme: Culture, Work and Organizations | | |
| S.No. | Name of the Participant(s) | Title of the Paper |
| 1. | Sanya Badera, Nikita Bameta, Pavitra Puri, Nandini Jain, Suzanne Singh, Christ University, Delhi | The Mediating Role of Emotional Intelligence in Analysing Epistemic Curiosity among Teaching Professionals in India |
| 2. | Tejaswini Singh, Udita Sharma, Barkatullah University, Bhopal | Ethnic Identity Crisis and Acculturation Stress: Workplace Challenges Faced by Indian Professionals Abroad |
| 3. | Kush, GreyB, Punjab Jasmeen Kaur, Central University of Punjab, Bathinda | Job Stress among Employees Due to Inconsistent Performance Reviews Evaluation: A Review of Causes, Impacts, and Mitigation Strategies |
| 4. | Sonali Pandey, Muskan Kumar, Payal Seth, Christ University, Delhi | Driving Change Readiness: Key Predictors in the Success of IT Sector |
| 5. | Anjali Nagar & Dr. Meena Osmany, JMI | Cultural Influences on Emotions at Work: A Theoretical Review |
| 6. | Ganeshdev Sahadevan, Central University of South Bihar | The Impact of Workplace Ostracism on Mechanistic Organizational Dehumanization Among Design Engineering Sector Employees: The Role of Mechanistic Self Dehumanization on Employee Robotization |
| 7. | Navleen Kaur Capt.Gurpreet Kaur (Retd), Punjabi University, Patiala | Grit and Work Motivation as predictors of Job Performance among Managers |

6th February, 2025 (Thursday)

Scientific Session 3: 4:30 pm - 5:30 pm

| Parallel Session 2 Venue: North-East Centre Conference Room | | |
|--|--|--|
| Subtheme: Culture, Work and Organizations | | |
| S.No. | Name of the Participant(s) | Title of the Paper |
| 1. | Sanaa Anwar, Lovely Professional University | Cultural Frame Switching in Bicultural Individuals: A Systematic Review of Mechanisms, Implications, and Consequences |
| 2. | Ananya Pandey, Christ University, Bangalore | Imposter Phenomena, Artistic Creativity and Emotional Burnout among Theater Practitioners |
| 3. | Shaila Tahir, JMI | Work-life Balance Challenges among Professionals working with ASD Clients |
| 4. | Ayesha Iqra, University of Delhi | Meaning of Work across Generations in a Globalised World |
| 5. | Sanjana Malik, Christ University, Bangalore | Relationship between Perfectionism and Procrastination in Employed Emerging Adults: Role of Stress as a Mediator |
| 6. | Sangeetha Peethambaran C, Donams Tech Labs Pvt Ltd., Kerala | Aptitude, Personality, Intellect, Interest, Principle, and Attitude (API IPA) |
| 7. | Aasees Kaur Sabharwal, Navnoor Kaur, Mata Sundari College for Women, University of Delhi | Role of Organisational Culture: How the Culture of an Organisation Impacts the Mental Health and Performance of Employees |
| 8. | Yashika Gupta, Prathana Dhawan, Sidhika Kohli, Navya Keshri, Christ University, Delhi | Perfectionism, Loneliness, and Burnout in Delhi NCR's Young Urban Corporate Workforce |
| 9. | Sreya Das, Christ University, Bangalore | Impact of Perceived Organizational Support and Employee Empowerment on Individual Change Readiness in the Indian IT Sector |

6th February, 2025 (Thursday)

Scientific Session 3: 4:30 pm - 5:30 pm

| Parallel Session 3 | | |
|---|---|--|
| Venue: Nehru Guest House Conference Hall | | |
| Subtheme: Existential Threats | | |
| S.No. | Name of the Participant(s) | Title of the Paper |
| 1. | Thasreefa Parveen R, Aligarh Muslim University | Social Ostracism in the Digital Age: Psychological Well-Being in the Context of AI-Induced Marginalization |
| 2. | Samruddhi Kondekar, Dr. Vishwanath Karad MIT World Peace University, Pune Dr. Sonia David, Dr. Vishwanath Karad MIT World Peace University | Climate in Crisis: A Critical Interpretive Synthesis of Climate Anxiety, Intersectionality, and Systemic Inequalities |
| 3. | Kritika Joshi, University of Delhi | Climate Change Anxiety and Pro-Environmental Behaviour: An Exploratory Study in Uttarakhand |
| 4. | Gara Sanjay, Christ University, Bangalore | Climate Anxiety, Connectedness to Nature, and Pro-Environmental Behaviour in Young Adults: Correlational and Regression Analysis |
| 5. | Lamia Lulu, Wahiduda Institute of Research & Advanced Studies, Kerala | Pandemics, Climate Change, and Globalization: Interdisciplinary Reflects on Existential Threats and Policy Transformation |
| 6. | Jessica Kaur, Sargun Kaur Sahni, Prof. Pooja Wadhawan, Mata Sundri College of Women, University of Delhi | Misuse of AI: Psychological Effects of AI Misuse on Individual Autonomy, Privacy, and Mental Well-Being |
| 7. | Shubham Prasad, SGT University | AI: A Jump-Rope Between Educated Misuse and Uneducated Use |

6th February, 2025 (Thursday)

Scientific Session 3: 4:30 pm - 5:30 pm

| Parallel Session 4 | | |
|--|---|---|
| Venue: India Arab Culture Centre | | |
| Subtheme: Sustainable Development & Decolonization and Indigenization | | |
| S.No. | Name of the Participant(s) | Title of the Paper |
| 1. | Aadish Jain, Akshya, University of Delhi | Predictors of Sustainable Behavior in Indian Youth: The Roles of Responsibility, Reactance, and Moral Disengagement |
| 2. | Shruti Shukla, Amity University, Noida | The Psychological Impact of Fast Fashion on Consumer Behavior and its Implications on Sustainable Development |
| 3. | Manoj Kumar Lenka, Mangalayatan University, Aligarh | Role of Education in Achieving Sustainable Development Goals |
| 4. | Madhumitha Venkatesh, Christ University, Bangalore | Practitioner Perspectives on Climate-Aware Counselling Practices in India |
| 5. | Shilpi Tanwar, TISS, Mumbai | Partition and the Parted: Locating Mental Health Experiences of Descendants of Partition Survivors |
| 6. | Nadiya Nazar, Kannur University | Decolonial Psychology and the Reimagining of Education: A Critical Examination of Indigenisation in India's National Education Policy |
| 7. | Afrah Asharaf, Kannur University | Decolonization, Indigenization, and Legal Continuities: A Critical Legal and Psychological Examination |
| 8. | Ramandeep, Kurukshetra University | Tracing the Pathways: The History and Colonial Impact on Indian Psychology |
| 9. | Sarbottam Raj, JMI | Influence of Collective Nostalgia and Grievances on Support for Memorialisation |

7th February, 2025 (Friday)

Scientific Session 4: 1:45 pm - 2:45 pm

| Parallel Session 1 | | |
|--|--|---|
| Venue: FTK-CIT, Conference Hall | | |
| Subtheme: Media, Technology and Communication | | |
| S.No. | Name of the Participant(s) | Title of the Paper |
| 1. | Ashika Choudhary, Amity University, Noida | Cyberbullying as a Defense Mechanism: An Exploration Based on Case Studies |
| 2. | Sarath C J, Indian Institute of Technology (IIT), Bhubaneswar, Odisha, Shailjaa, JMI Ishaan Sunsunwal, Dr B R Ambedkar University Delhi, | Representation of Emotions through Social Media: A Systematic Review |
| 3. | Sukriti, Dr. Shubhdip Kaur, Central University of Punjab | Emotional Profile and Digital Personality of Updaters |
| 4. | Poonam Tiwari, Galgotias University | Effectiveness and Implication of Artificial Intelligence in the Fight for Mental Health |
| 5. | Ananyaa Mishra, Drishya Taneja, Christ University, Delhi | Parasocial Relationship, Self Concept Clarity, Immersion and Screen Time on Social Media Platforms among Emerging Adults |
| 6. | Mannat Bansal, Christ University, Delhi | Parasocial Relationships, Self-Concept Clarity, Immersion, and Screen Time on Emerging Adults Social Media Use: A Literature Review |

7th February, 2025 (Friday)

Scientific Session 4: 1:45 pm - 2:45 pm

| Parallel Session 2 Venue: North-East Centre Conference Room | | |
|--|---|---|
| Subtheme: Media, Technology and Communication | | |
| S.No. | Name of the Participant(s) | Title of the Paper |
| 1. | Diya Makhija, Pavana Raghu, Shradha Mourya, Christ University, Delhi | Understanding Sleep Quality in Indian Emerging Adults: The Impact of FoMO, Nomophobia, and Evening Chronotype |
| 2. | Sherryl Sanjay Pal, Christ University, Delhi | Cathartic Effect of Horror Movies: Analyzing Viewer Experiences and Film Elements |
| 3. | Preetika Mohta, Christ University, Delhi | Binge-Watching, Academic Procrastination, Life Satisfaction and Academic Stress Among University Students |
| 4. | Khushi Kumari, Christ University, Delhi Raya Das, Christ University, Delhi | Exploring the Relationship between Smartphone Usage, Wellbeing and Social Media Connectedness among Elderly Men and Women |
| 5. | Sooraj D.V, Central University of South Bihar | A Study on Social Media Usage, Fear of Missing Out and Anxiety among Engineering Students |
| 6. | Sayyid Shaheer.V, Naja.M.V, (JMI) | Cyber Victimization and Mental Health Outcomes among Adolescents: A Systematic Review |

7th February, 2025 (Friday)

Scientific Session 4: 1:45 pm - 2:45 pm

| Parallel Session 3 | | |
|--|--|---|
| Venue: Nehru Guest House Conference Hall | | |
| Subtheme: Media, Technology and Communication | | |
| S.No. | Name of the Participant(s) | Title of the Paper |
| 1. | Jyotirika Yengkhom, Christ University, Delhi | A Qualitative Exploration of Attachment and Parasocial Relationships among Young Adults |
| 2. | Pragya Khari, Texas School of Mental Health | Exploring Attitudes towards Technology Usage and Digitization among Older Adults |
| 3. | Bhumika Bhalla, Christ University, Bangalore | Role of Nomophobia: Relationship between Fear of Missing Out and Insomnia among Adults |
| 4. | Surbhi, Punjabi University | Social Media: A Negative Impact on Body Dissatisfaction and Self-Esteem among Young Adults |
| 5. | Apoorva, Punjabi University | Global Digital Connectivity: The Rise of Mental Health Issues |
| 6. | Sreashi Banerjee , Christ University, Bangalore | Beyond Likes: Unpacking the Emotional Layers of Social Media Metrics in India |
| 7. | Varuni Sethi, Vanshika Shukla, Dr. Saif R. Farooqi (JMI) | Psychological Effects of Exposure to Catastrophic News |
| 8. | Himani, University of Delhi | The Influence of Appearance-Consciousness on Body Esteem: A Study of Social Media's Role in Shaping Self-Perception |

7th February, 2025 (Friday)

Scientific Session 4: 1:45 pm - 2:45 pm

Parallel Session 4

Venue: India Arab Culture Centre

Subtheme: Mind, Culture and Society

| S.No. | Name of the Participant(s) | Title of the Paper |
|-------|---|---|
| 1. | Payoshi Bahadur, Amity University, Noida, | The Power of Kindness: A Review of Altruism-Based Programs as a Pathway to Adolescent Flourishing |
| 2. | Aradhna Kumari, Ishita Chatterjee, Ritika Tyagi, Sanjoli Agarwal, Sarah Mahajan , Christ University | Understanding Generation Alpha in Classrooms: A Qualitative Study on Pre-primary Teacher's Experiences in Ghaziabad |
| 3. | Amna Fathima, Wadhuda Institute of Research and Advanced Studies | The Performative Interplay of Mind, Culture, and Society in a Globalized World. (Stand-Up Comedy as a Lens for Social and Cultural Narratives) |
| 4. | Richa Verma, Nabia Mujeeb & Prof. Sheema Aleem (JMI) | Examining the Relationship between Self-compassion, Psychological Flexibility and Gender Role Perception among Males |
| 5. | Gareeshma Tewatia, Amity University, Noida | Support or Strain? Decoding Marital Satisfaction in Nuclear and Joint Families |
| 6. | Hanas PS, Harisingh Gour Vishwavidyalaya, Sagar | Unveiling the Nature and Attributes of Self-Forgiveness in Indian Adults |
| 7. | Syed Mohammad Ali, JMI | Security Dilemma: Effect of Non-state Actors on the Idea of Security Decolonizing Developmental Psychology |
| 8. | Akanksha Adya, KREA University | Child Centered Development and the birth of new maternal anxieties: Neoliberal Motherhood in India and Implications for Decolonizing Developmental Psychology |

7th February, 2025 (Friday)

Scientific Session 5: 2:45 pm - 4.00 pm

| Parallel Session 1 | | |
|--|---|--|
| Venue: FTK-CIT, Conference Hall | | |
| Subtheme: Challenges to and Promotion of Physical and Mental Health | | |
| S.No. | Name of the Participant(s) | Title of the Paper |
| 1. | Soumita Mukherjee, Shreya Mahato, Christ University, Bangalore | Exploring The Mediating Role of Family Functioning and Moderating Role of Psychological Well-Being in Emotional Eating |
| 2. | Gayatri Rajendra Naik, Christ University, Bangalore | Perceived Cancer Stigma Among People With No History of Cancer: A Cross-Sectional Study Across Gender, Age, and Educational Levels |
| 3. | Nishtha Priya, Shreya Durgapal, Snehal Aggarwal, Christ University, Delhi | Psychological Correlates of Successful Aging among Community Dwelling Older Adults in India |
| 4. | Shivam Pandey, Sikkim University, Gangtok | Relationship Between Personality Traits and Academic Performance Among University Students in Sikkim |
| 5. | Suramya Kaushal, Amity University, Greater Noida | The Role of Cognitive Flexibility and Resilience in Clinical Depression Among Healthcare Professionals: Addressing Mental Health Challenges in a Globalized Workforce. |
| 6. | Kainaat Danyal & Prof. Naved Iqbal, JMI | Orthorexia Nervosa and Anxiety: A systematic Review |
| 7. | Himanshu Tiwari, BHU | Digital Technology and Adolescent Well-Being: Assessing the Impact on Mental Health and Socio-Emotional Development of Indian School Students |

7th February, 2025 (Friday)

Scientific Session 5: 2:45 pm - 4.00 pm

| Parallel Session 2 Venue: North-East Centre Conference Room | | |
|--|---|--|
| Subtheme: Challenges to and Promotion of Physical and Mental Health | | |
| S.No. | Name of the Participant(s) | Title of the Paper |
| 1. | Gajab, Christ University | Does Geographical location and Gender makes a difference among Young Adults to have HIV Stigma and Health Literacy |
| 2. | Deependra Kajla, Christ University, Bangalore | Examining the Relationship Between Student Engagement, Grit, and Academic Motivation Among Indian University Students' |
| 3. | Ankit Gupta, S-VYASA University, Bangalore | Comparative Effects of Slow and Fast Sun Salutations on Mindfulness in Adolescents: A Randomized Controlled Study |
| 4. | Aakansha Shukla, Christ University, Bangalore | Breaking the Silence: Perspectives of Indian Men on Mental Health & Seeking Help |
| 5. | Moom Takoh, Christ University, Bangalore | The Relationship between Academic Grit and Subjective Well-Being in Adolescents from Arunachal Pradesh |
| 6. | G V S Sanjay, Christ University, Bangalore | Fear of Failure and Critical Thinking: Self-Regulation as a Mediator in College Students |
| 7. | Aastha Sharma, University of Delhi, Milli Tewari, University of Delhi | Examining the Influence of Hope on Imposter Syndrome and Perfectionism: The Mediating Role of Trait Anxiety |
| 8. | Sagar Mudgil, SGT University, Gurugram | The Influence of Mantra Chanting on Cognitive Functioning: The Role of Mindfulness and Stress |

7th February, 2025 (Friday)

Scientific Session 5: 2:45 p.m - 4.00 p.m

| Parallel Session 3 | | |
|--|--|---|
| Venue: Nehru Guest House Conference Hall | | |
| Subtheme: Media, Technology and Communication | | |
| S.No. | Name of the Participant(s) | Title of the Paper |
| 1. | Simarjeet Kaur Aji, University of Delhi | AI-Savvy Minds: Unveiling the Link Between AI Literacy and Problem-Solving |
| 2. | Subhashree K, Christ University, Bangalore | Examining the associations between Technology usage, attitudes and Mindful parenting among Indian parents |
| 3. | Raha Suhood, Mahatma Gandhi University, Kottayam | Parasocial Interactions and Their Impact on Loneliness and Psychological well-being among Undergraduate Students |
| 4. | Utkarsh Rai, Christ University, Bangalore | Gaming Beyond Entertainment: Understanding Need Fulfillment in Young Adult Gamers |
| 5. | Navika Bansal, Counselling Psychologist, Amin Ahmed Aman, Amity University, Greater Noida | Too Much to Process: Investigating Digital Fatigue and Information Overload in PhD Scholars |
| 6. | Aysha, Mahatma Gandhi University, Kottayam | Compulsive online Buying behaviour and its effect on self esteem and social isolation |
| 7. | Dr. Navya Jain, Neha Pal, Delhi Metropolitan Education (DME) Management School | Content Consumption and Individual Well-being |
| 8. | Mohd Askari Zaidi & Dr. Abid (JMI) | Impact of Internet Addiction on Psychological Well-being . A Comparative Study between Private and Public School Adolescents. |

7th February, 2025 (Friday)
Scientific Session 5: 2:45 p.m - 4.00 p.m

| Parallel Session 4 | | |
|--|--|--|
| Venue: India Arab Culture Centre | | |
| Subtheme: Identity, Migration and Belongingness & Mind, Culture and Society | | |
| S.No. | Name of the Participant(s) | Title of the Paper |
| 1. | Suab Ahmed, JMI | Psychological Production of Diasporic Identity in Global World |
| 2. | Anushka Bhattacharyya, Somasree Shit, University of Calcutta | Impact of Globalized System on the sense of belongingness among Immigrants |
| 3. | Niyati Agarwal, Christ University, Bangalore | From Hills to Cities: Assessing the Quality of Life among Internal Migrants of Uttarakhand, India. |
| 4. | Sayed Ebrahim Mubasheer SM, Prof. Samina Bano, JMI | Social Connectedness among suicide attempt survivors in Kerala |
| 5. | Vatsala Saxena, Christ University, Bangalore | Negotiating Gender: Psychosocial Challenges and Cultural Contradictions in the Indian Context |
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